2 COURSE LUNCH

SERVED 12:00-16:00

La Banq

LUNCH MENU

£14.9 MONDAY TO FRIDAY

ALL GRILLED MEALS ARE SERVED WITH RICE & SALAD

PLEASE CHOOSE ONE **STARTER** & ONE **MAIN COURSE**

Cold Starters

All starters are served with fresh bread

MIX OLIVES vg
A Selection of mixed olives, marinated in lemon & herbs

HUMMUS vg
Crushed chickpeas, tahini, lemon juice & garlic

TZATZIKI (CACIK) v
Cucumber, garlic & mint with fresh yoghurt

YAPRAK SARMA vg
Stuffed vine leaves with rice & olive oil

TARAMA
Marinated cod roe with onion & lemon

Hot Starters

All starters are served with fresh bread

SUCUK
Lightly spiced & grilled Turkish beef sausage

SIGARA BOREGI v
Feta & Cheddar cheese pastry with spinach

CREAMY MUSHROOMS v
Creamy garlic button mushrooms, topped with cheese

CHICKEN LIVER - available spicy
Fresh sautéed chicken liver, served with onions

FALAFEL vg
Fried chickpea patties, served with hummus

Main Course

CHICKEN SHISH
Marinated cubes of chicken, grilled on skewers

ADANA KOFTE
(Choose from either lamb or chicken)
Fiery red chillies blended with minced meat & cooked on the charcoal grill.

CHICKEN WINGS
Marinated, chargrilled chicken wings

VEGETARIAN KEBAB. vg
Vegetables grilled on skewers, served with tomato sauce & salad

MEAT MOUSSAKA
Traditional lamb moussaka, served with salad

VEGETABLE MOUSSAKA v
Traditional vegetable moussaka, served with salad

FALAFEL MAIN vg
Fried chickpea patties, served with hummus & salad

PENNE ARRABIATA vg
Cherry tomatoes, garlic, chilli & tomato sauce

CHICKEN PESTO PENNE
Chicken & mushrooms in a rich, creamy pesto sauce

SEA BASS FILLET
Pan fried fresh sea bass, served with sauté baby potatoes & garlic butter sauce

CHICKEN OR LAMB TAVA
Lamb or chicken cubes, pan cooked with mushroom, peppers, onions, tomatoes, garlic & tomato sauce, served with rice

CHICKEN FILLET BURGER
Marinated chicken fillet, served with chips

CHEESE BURGER
Lamb patty with cheese, served with chips

Follow Us!

labanq_restaurant

www.labanqrestaurants.com

ALLERGEN INFORMATION NOTICE

Please be aware that certain items on our menu may contain nuts, gluten, seeds, and other allergens. As our kitchen handles these ingredients, there is a possibility of cross contamination, leading to trace amounts of allergens in any dish we serve. We acknowledge the serious risks posed to individuals with severe allergies. Kindly consult a member of our team for assistance in selecting an alternative option. If you have a food allergy, we kindly request that you inform us.

Vg- Vegan V- Vegetarian (contains dairy)

La Banq

LUNCH MENU

£14.9 MONDAY TO FRIDAY

labanq_restaurant
www.labanqrestaurants.com