

La Banq

A LA CARTE MENU

Cold Starters

All starters are served with fresh bread

MIX OLIVES Vg	5.9
A Selection of mixed olives marinated in lemon & herbs	
VEG STICKS Vg	6.9
Cucumber, celery & carrots (good for dipping)	
HUMMUS Vg	5.9
Crushed chickpeas, tahini, lemon juice & garlic	
TZATZIKI (CACIK) V	6.9
Cucumber, garlic & mint with fresh yoghurt	
SHAKSHUKA Vg	6.9
Aubergine, potatoes, onion, peppers & tomato sauce	
BABAGANOUSH Vg	6.9
Grilled aubergine, garlic, olive oil	
KISIR Vg	6.9
Bulgur wheat with finely chopped red pepper, spring onion & fresh parsley	
YAPRAK SARMA Vg	6.9
Stuffed vine leaves with rice & olive oil	
TARAMA	6.9
Marinated cod roe with onion & lemon	
EZME SALAD Vg	8.9
Freshly chopped tomato, red onion, parsley & olive oil	
COLD MIX MEZE	19.9
Hummus, Tzatziki, Shakshuka, Kısır, Tarama & Babaganoush	

Salads

GREEK FETA SALAD V	11.9
Cucumber, tomatoes, red onion, pomegranate sauce & feta	
AVOCADO SALAD Vg	12.9
Cucumber, tomato, parsley, avocado & pomegranate sauce	
CHICKEN CAESAR SALAD	15.9
Grilled chicken, lettuce, croutons, parmesan & Caesar dressing	
GOAT'S CHEESE SALAD V	13.9
Mixed green leaves, goat's cheese, red onion, walnuts, cherry tomatoes, cucumber & pomegranate dressing	

Hot Starters

All starters are served with fresh bread

SOUP	6.9
Soup served with Turkish bread	
GRILLED HALLOUMI V	8.9
Grilled Mediterranean cheese served with cooked onions	
SUCUK	8.9
Lightly spiced grilled, Turkish beef sausage	
HALLOUMI & SUCUK	9.9
Grilled halloumi cheese & spiced Turkish beef sausage	
SIGARA BOREGI V <small>La Banq Speciality</small>	9.9
Feta & Cheddar cheese pastry with spinach	
CREAMY MUSHROOMS V	9.9
Creamy garlic button mushrooms topped with cheese	
SCALLOPS	12.9
Four perfectly pan-fried scallops with garlic butter served with avocado paste	
CALAMARI	12.9
Fresh squid, coated in panko breadcrumbs, served with tartare sauce	
SHRIMP	12.9
Shrimp, feta, garlic butter & fresh tomato sauce	
OCTOPUS	12.9
Grilled octopus with a white wine garlic sauce	
CHICKEN LIVER - available spicy	9.9
Fresh sautéed chicken liver, served with onions	
WHITEBAIT	9.9
Deep fried whitebait coated in flour, served with tartare sauce	
BBQ CHICKEN WINGS	9.9
Chicken wings marinated with BBQ sauce, served with Buffalo sauce	
FALAFEL Vg	8.9
Fried chickpea patties served with hummus	
GOAT'S CHEESE V	9.9
Pan fried goat's cheese, served with fig jam & walnuts	

ALLERGEN INFORMATION NOTICE

Please be aware that certain items on our menu may contain nuts, gluten, seeds, and other allergens. As our kitchen handles these ingredients, there is a possibility of cross contamination, leading to trace amounts of allergens in any dish we serve. We acknowledge the serious risks posed to individuals with severe allergies. Kindly consult a member of our team for assistance in selecting an alternative option. If you have a food allergy, we kindly request that you inform us.

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www.labanqrestaurants.com

Vg- Vegan V- Vegetarian (contains dairy)

Charcoal Grill

All dishes are cooked on charcoal & served with salad

LAMB SHISH

Marinated cubes of lamb, grilled on skewers

CHICKEN SHISH

Marinated cubes of chicken, grilled on skewers

ADANA KOFTE La Banq Speciality

(Choose from either lamb or chicken)

Fiery red chillies blended with minced meat & cooked on charcoal grill.

MIX SHISH

Grilled, marinated lamb & chicken shish

CHOPS & RIBS

Grilled, marinated lamb chops & ribs

LAMB CHOPS

Grilled, marinated lamb chops

LAMB RIBS

Grilled, marinated lamb ribs

MIX GRILL

Lamb & chicken shish, adana kofte, chicken wing, lamb chop & lamb rib

CHICKEN THIGHS

Grilled, marinated boneless chicken thighs

CHICKEN WINGS

Marinated, chargrilled chicken wings

SARMA BEYTI

Minced chicken or lamb wrapped in lavash bread topped with tomato sauce & yoghurt

La Banq Specials

KLEFTIKO (Lamb Shank)

Lamb shank braised on the bone, cooked with vegetables, potatoes and tomato sauce

CHICKEN À LA CREAM

Chicken breast, garlic and mushrooms cooked in a cream sauce, served with rice

CHICKEN OR LAMB TAVA

Lamb or chicken cubes, pan cooked with mushroom, peppers, onions, tomatoes, garlic & tomato sauce, served with rice

MEAT MOUSSAKA

Traditional lamb moussaka, served with salad

ADANA ISKENDER

Iskender kebab (minced chicken or lamb) with bread, yoghurt, tomato sauce & butter

Steaks

Choice of sauce- Peppercorn or Mushroom 1.5

RIB EYE STEAK

Served with chips & fresh mix vegetables

FILLET STEAK

Served with chips & fresh mix vegetables

CHICKEN BREAST STEAK

Served with sautéed potatoes & fresh mix vegetables

Pasta

24.9 **PENNE ARRABIATA** Vg
Cherry tomatoes, garlic, chilli & tomato sauce 14.9

21.9 **CHICKEN PESTO PENNE**
Chicken & mushrooms in a rich creamy pesto sauce 16.9

21.9 **SALMON & PRAWN PENNE**
Salmon and tiger prawns in a creamy tomato, dill & white wine sauce 17.9

25.9 **LA BANQ PASTA**
Sucuk, chicken & peppers in a creamy harissa sauce 16.9

25.9

27.9

22.9

29.9 **SEA BASS FILLET**
Pan fried fresh sea bass served with sauté baby potatoes & garlic butter sauce 22.9

GRILLED MONKFISH
Monkfish cooked on the skewer with onions & peppers, served with salad & garlic butter sauce 25.9

19.9 **SALMON FILLET**
Salmon served with salad, sauté baby potatoes & garlic butter sauce 23.9

22.9 **GRILLED OCTOPUS**
Grilled Octopus served with salad & sauté baby potatoes in a white wine garlic sauce 25.9

SWORDFISH
Marinated chargrilled fillet of swordfish, sauté baby potatoes, mixed salad & garlic butter sauce 24.9

23.9 **GRILLED MIX SEAFOOD**
Salmon, monkfish, swordfish, prawns with onions & peppers. Served with salad & garlic butter sauce 27.9

22.9 **GRILLED KING PRAWNS**
King Prawns served with salad & garlic butter sauce 24.9

19.9

19.9 **IMAM BAYILDI** Vg La Banq Speciality
Stuffed aubergine with tomato, peppers, onions, olive oil, herbs & garlic, served with rice 19.9

22.9 **VEGETABLE MOUSSAKA** V
Traditional vegetable moussaka, served with salad 18.9

FALAFEL MAIN Vg
Fried chickpea patties served with hummus & salad 18.9

AVOCADO HALLOUMI V
Grilled halloumi cheese, fresh avocado, seasonal leaves, basil, tomato & dressing 18.9

34.9 **VEGETARIAN KEBAB** Vg
Vegetables grilled on skewers served with tomato sauce & salad 18.9

36.9 **VEGETARIAN CASSEROLE** Vg
Cubes of aubergine, carrots, baby potatoes, peppers, onion, cherry tomatoes, courgette & special tomato sauce served with rice. 18.9

24.9

Sides

Chips Vg 5.9

Sweet Potato Fries Vg 6.9

Sauté Baby Potatoes Vg 6.9

Mashed Potatoes V 5.9

Mac & Cheese V 6.9

Spinach Vg 5.9

Bulgur Vg 4.9

Grilled Asparagus V 6.9

Fresh Mix Vegetables Vg 6.9

Hot Bullet Chillies Vg 5.9