

Lunch Menu

2 COURSE LUNCH

£13.9 MONDAY TO FRIDAY

SERVED 12.00 - 16.00

Please choose one STARTER and one MAIN COURSE
All Grilled Meals Served with Rice & Salad

Starters

MIX OLIVES V

A Selection of Mixed Olives marinated in lemon & herbs

HUMMUS V

Crushed chickpeas, tahini, lemon juice & garlic

TZATZIKI (CACIK) V

Cucumber, garlic & mint with fresh yoghurt

YAPRAK SARMA V

Stuffed vine leaves with rice and olive oil

TARAMA

Marinated cod roe with onion & lemon

FALAFEL V

Fried chick peas served with hummus

CREAMY MUSHROOM V

Creamy garlic button mushrooms, topped with cheese

GRILLED HALLOUMI V

Grilled Mediterranean cheese served with cooked onions

SUCUK H

Lightly spiced grilled Turkish garlic sausage

CHICKEN LIVER

Fresh sautéed chicken liver, served with onions
(Available spicy)

Main Course

ADANA KOFTE LAMB ★ La Banq Speciality ★

Minced lamb with parsley & red pepper, cooked on charcoal grill

ADANA KOFTE CHICKEN

Minced chicken with parsley & red pepper, cooked on charcoal grill

CHICKEN SHISH

Cubes of chicken, breast marinated then grilled

CHICKEN WINGS

Marinated chicken wings, cooked on charcoal grill

VEGETARIAN KEBAB V

Vegetables grilled on skewers served with tomato sauce & salad

MEAT MOUSSAKA

Layer of minced lamb, aubergine, courgette & potatoes cooked with special sauce Served with Salad

VEG MOUSSAKA V

Traditional vegetable moussaka served with salad

CHICKEN FILLET BURGER

Marinated chicken fillet Served with chips

CHEESE BURGER

Lamb patty American cheese Served with chips

SPICY ARRABIATA H

Home made tomato sauce garlic, chilli, cherry tomatoes & parsley

PENNE WITH CHICKEN PESTO

Tender chicken and covered in a rich, pesto sauce and topped with parmesan cheese

SEA BASS FILLET

Served with mashed potato & Salad

FALAFEL MAIN V

Fried chick peas Served with hummus & Salad

LAMB SAUTÉ

Lamb meat is cut into cubes and cooked in a pan contains mushroom, peppers, onions, fresh tomatoes, garlic, special tomato sauce served with rice

CHICKEN SAUTÉ

Chicken meat is cut into cubes and cooked in a pan contains mushroom, peppers, onions, fresh tomatoes, garlic, special tomato sauce served with rice

If you have a food allergies or any specific dietary needs then please inform your server.

V Vegetarian VG Vegan H Spicy



La Bang

LUNCH MENU

www.labanqrestaurants.co.uk